

Period Poverty in India: Facts and Stats



Below are 8 statements that give you an idea of the challenges faced by millions of women and girls in India. Rank these in order according to your own view from the most concerning to the least concerning and explain your reasons.

1. In India, 23% of girls drop out of school when their periods start

2. If a girl starts her period at school and has to go home because she has stained her clothes, 3 girls miss school that day as none of them can walk alone

3. 88% of women in India use homemade alternatives like rags, leaves, soil and ash

4. 70% of women say their family cannot afford to buy sanitary pads

5. 40% of government schools in India lack toilets, and another 40% lack a toilet just for girls so changing a pad during the day is very challenging

6. 71% of girls in India say they had no knowledge of menstruation before their first period

7. 70% of mothers describe menstruation as "dirty" to their daughters, meaning negative beliefs and taboo around periods are passed on from generation to generation

8. Only 1/3 of high school girls in India know there is a link between periods and fertility, many are never taught what periods are

1. _____ is the one I find most concerning because

2. _____ because _____

3. _____ because _____

4. _____ because _____

5. _____ because _____

6. _____ because _____

7. _____ because _____

8. _____ is the one I find least concerning because

